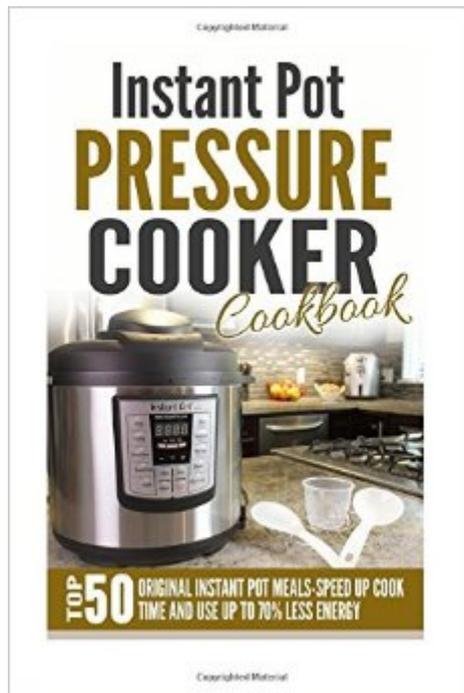


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# Instant Pot Pressure Cooker Cookbook: Top 50 Original Instant Pot Meals-Speed Up Cook Time And Use Up To 70% Less Energy



## Synopsis

Top 50 Original Instant Pot Meals-Speed Up Cook Time And Use Up To 70% Less Energy It's a modern-day pressure cooker, that cooks your food in less time and keeps the meat moist and delicious When you're on a healing diet, you spend a LOT of time in the kitchen, and pressure cookers save time. I can't think of a better gift. So, we gathered together this list of Top 50 Instant Pot pressure cooker recipes One virtue of electric pressure cookers is economy. Like all pressure cookers, they permit quick cooking of inexpensive ingredients. Unsoaked dried beans cook from scratch in 30 minutes. A pot roast can go from fridge to table in about the same time. Budget-priced cuts of meat that typically require long hours in the oven, such as pork shoulder, speed to the table, even if you don't start cooking until you get home after work. Here Is A Preview Of What You'll Learn... \*Vegetable Soup with Basil \*Chicken Soup with Lemon Juice \*Carrots in Vinaigrette \*String Beans and Potatoes \*Sautéed Veggies Mediterranean Style \*Chickpea Spread \*Veal Stew with Eggplant \*Instant Pot Pressure Cooker Roast Chicken \*Fish Braised in Garlic and Tomato Sauce \*Squid and Fennel Salad \*Yummy Breakfast Yoghurt \*Lentils and Pasta \*Much, much more! Buy your copy today! Try it now, click the "add to cart" button and buy Risk-Free

## Book Information

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## Customer Reviews

I have no idea in what world these are the "top" 50 Instant Pot meals; I suspect that this author just basically jumped on the new Instant Pot cookbook genre because he could (publication date wasn't even 4 weeks ago). But clearly no more thought went into it other than uploading his PDF file of

recipes he typed up to 's self publishing service. I was so disappointed in the quality of this book. No pictures, no...anything, other than 50 recipes, uploaded to CreateSpace, and sent out in their 6x9 format. The cover image isn't even original - it's all over the Internet, including at instantfoodbyinstantpot dot com. Save yourself the \$10. and just Google 'Instant Pot recipes', or get Pressure Cooker Perfection by America's Test Kitchen or, if you're vegetarian or vegan, get Vegan Pressure Cooking by J.L. Fields. On another note, has started shipping softcover books (at least the last 4 I've received) by USPS, in soft envelopes, resulting in their being \*rolled up\* and stuffed in the mailbox. Have you ever tried to \_unroll\_ a paperback book that has been rolled? That's not this author's fault, just a cautionary tale.

I just bought a pressure cooker to speed up the cooking time of preparing my meals as I am a busy person, so I looked for recipes suitable for this cooking gadget and found this book. I am satisfied with the recipes listed in this book as I have a lot of choices for my weekly meal plan. There are soup recipes and lots of chicken recipes like the Instant Pot Pressure Cooker Roast Chicken, which I am excited to try as I like roast chicken. Good list of recipes!

I bought pot pressure cooker to make new recipes so that I can taste something new. I had a hard time looking for a good pot pressure recipes but I got this now. I had fun reading this book because of the recipes inside and they are organized well. I have my personal favorites like Chicken Soup with Lemon Juice, Fish Braised in Garlic and Tomato Sauce, and Veal Stew with Eggplant. I didn't try the others so I am excited to try them too.

Many people enjoy cooking with pressure cooker and if pressure cooking is new to you, the recipes in this book will be sure to surprise you at how quickly you can create your variations of traditional and gourmet meals, all the while tasting like you spent hours bringing the dishes to life. Pressure cookers cook foods faster than stove top cooking and produce tenderized effects, even from the toughest cuts of meat.

I always love to make my family great meal, and today I wanted to make my husband a great lunch. So I search for some book that can give me answers and recipe how to make a great meal. Because I have pressure cooker I search for recipes and that is the reason that I bought this book and I was surprised. I found great recipes; they are easy and very delicious. My husband enjoyed. I recommend this book to all.

I didn't regret that I bought this book, It is informative and I've learned a variety of recipes and they look easy to prepare and the ingredients were easy to find in my local grocery store. A great book to get you started using your instant pot.

Impressive! I've got a pressure cooker as a gift, what a nice surprise, never had it before. I've been using a crock pot sometimes. Well, got a gift, need to use. Thanks to this book now it's one of my favorite cooking devices. Really worth recommending!

I thoroughly enjoyed this book -especially because it actually has some wonderful recipes at the end. It is an epic cookbook that you will enjoy having in your kitchen as it will guide you in preparing so many meals at home such that you will not need to get them from the restaurant when you need to enjoy such meals. I feel after reading this I could make many wonderful meals.

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